



# ACTION GUIDE

Fall 2013



**Experience what we have to offer!**



**Program registration** begins Thursday, **August 1, 2013**. Most fall programs begin the week of **September 9, 2013** (*unless stated otherwise*). All programs must meet a minimum number of participants to be held. Drop-ins are only permitted if space allows. ***We can't have a program without YOU, please register early!***

**Program updates/changes:** The Woodlands Township strives to provide up to date program and event information in the Action Guide; however, programs and events are continually added and updated. Please visit **[www.thewoodlandstownship-tx.gov/programupdates](http://www.thewoodlandstownship-tx.gov/programupdates)** for the most current information.

### Three Easy Ways to Register:

1. Online - [www.thewoodlandstownship-tx.gov](http://www.thewoodlandstownship-tx.gov)
  2. Phone - 281-210-3950
  3. In person - The Woodlands Township Recreation Center
- The Woodlands Township Recreation Center accepts VISA, MASTERCARD, AMERICAN EXPRESS and DISCOVER.

**Recreation Center Hours:** Monday-Thursday: 8 a.m. - 9 p.m.  
Friday: 8 a.m. - 8 p.m., Saturday: 8 a.m. - 6 p.m., Closed Sundays

***The Woodlands Township Recreation Center will be closed:***

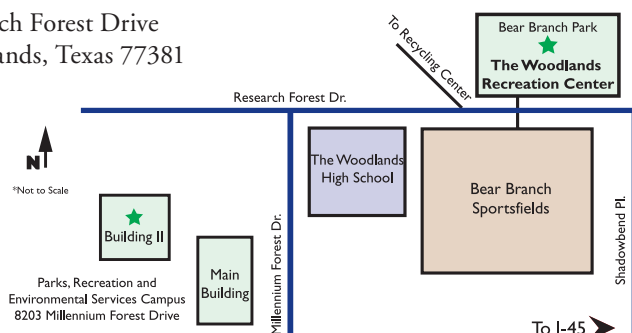
Monday, September 2, 2013 (*Labor Day*)  
Thursday, November 28, 2013 (*Thanksgiving*)  
Wednesday, December 25, 2013 (*Christmas*)

***The Woodlands Township Recreation Center will close at 3 p.m.:***

Tuesday, December 24, 2013 (*Christmas Eve*)  
Tuesday, December 31, 2013 (*New Year's Eve*)

### Where to Find Us:

5310 Research Forest Drive  
The Woodlands, Texas 77381



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**WAIVER:** By nature, many recreation programs involve body contact, considerable physical exertion, emotional stress and/or use of equipment that represents a certain risk to participants. It is recommended that you check with your physician prior to participating in any programs. Registrants in any program assume responsibility for all risks, implicit or direct, by participation in said activity or facility.

Participation in any parks and recreation activity constitutes a waiver of certain rights. ***See inside back cover for waiver and release wording, including the photo/media waiver.*** Please call The Woodlands Township Recreation Center at 281-210-3950 or visit [www.thewoodlandstownship-tx.gov](http://www.thewoodlandstownship-tx.gov) for more information.



*The Action Guide is a proud recipient of a Communicator Award of Distinction*

**FOR MORE INFORMATION**

If you have questions about The Woodlands Township's parks, pools, pavilions, field rentals or facility reservations, please call **281-210-3800** or visit **[www.thewoodlandstownship-tx.gov](http://www.thewoodlandstownship-tx.gov)**.



# SPECIAL EVENTS



## Concert in the Park Fall Series

Now in it's twentieth year, Concert in the Park is a popular family tradition of music and fun. All concerts are held at beautiful Northshore Park, 2505 Lake Woodlands Drive.

Ages: All. **FEE:** Free!

Sunday, Sept. 8	5:30 - 7:30 p.m.	Josh Fuller Band (Country)
Sunday, Sept. 15		Hope Cassity (Country)
Sunday, Sept. 22		Gary Michael Dahl Band (R&B/Jazz)
Sunday, Oct. 6		Will Makar (Pop/Rock)
Sunday, Oct. 13		Fondue Monks (Texas Funk)
Sunday, Oct. 21		Quiet Company (Pop/Rock)



Concert in the Park is produced by The Woodlands Township and presented by Munday Chevrolet and Comcast Xfinity.



## The Woodlands Township Family Fun Challenge

Fall into fun with this fall program series held in conjunction with Concert in the Park! Register your family for fabulous fun while enjoying the concerts. Onsite supplies and spaces are limited, be sure to arrive early! Ages: All. **FEE:** Free!

### NEW! Parks and Recreation Field Day!

Join The Woodlands Parks and Recreation Staff for great family fun! Includes face painting, carnival games and more!

September 8	5:30 - 7:30 p.m.	Northshore Park
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### Go CRAZY with Corn

Corn craziness for the whole family. Popcorn, candy corn, and cobs of corn! Make "corn" artwork and enjoy special popcorn games.

September 15	5:30 - 6:30 p.m.	Northshore Park
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### 3rd Annual Family Sidewalk Chalk Competition

Join us during Concert in the Park for the third annual sidewalk chalking competition; chalk and supplies provided. Chalked blocks will be judged during intermission at 6:30 p.m. Chalking begins at 5 p.m. Enjoy the music while you work!

September 22	5 - 6:30 p.m.	Northshore Park
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### 1st Annual Make Your Own Scarecrow Competition

Do you think your family has what it takes to make the best scarecrow? Bring an old set of clothes (long sleeve shirt and pants) to make your own Scarecrow! Scarecrow making begins at 5:30 p.m., judging at 6:30 p.m. during intermission.

October 6	5:30-7:30 p.m.	Northshore Park
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### The Great Pumpkin Hunt

The Great Pumpkin is hidden in Northshore Park! Search for clues on pumpkins and solve the puzzle of The Great Pumpkin.

October 13	5:30-6:30 p.m.	Northshore Park
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### Jack-O-Lantern Challenge

Think your family can out-carve the other pumpkin carvers in The Woodlands? Join us during Concert in the Park for the Jack-o-Lantern Challenge. Carving begins at 5:30 p.m., judging at 6:30 p.m. during intermission.

October 20	5:30 - 7:30 p.m.	Northshore Park
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## 15<sup>th</sup> Annual Daddy Daughter Dinner Dance

This red carpet event includes dinner, dessert, dancing, games, a special craft and giveaways. Registration begins November 12; ticket sales close Monday, February 3, 2014.

Ages: All. **FEE:** \$110 pair, \$50 each additional sibling until January 12; after January 12, \$120 pair, \$55 each additional sibling; reserve a table for 10 for \$50.



*Seating is assigned, please let us know your seating requests.*

Saturday, February 8, 2014	5:30 - 9:30 p.m.	The Woodlands Waterway Marriott	#6041.303
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### Daddy Daughter Dinner Dance Spotlight Seating

Make sure this night is extra special for you and your group! Reserve a table of 10 around the dance floor, fee includes special activities and surprises! *Please note: Additional seats cannot be added to the table of 10.* **FEE:** \$50 Table of 10.

Saturday, February 8, 2014	5:30 - 9:30 p.m.	The Woodlands Waterway Marriott	#6041.323
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## Arts in the Park

Enjoy a day of performances ranging from vocal to dramatic. Browse the on-site art fair by local artists displaying fine artworks and original hand crafted items available for purchase. The wide variety of items for sale will include jewelry, pottery, coasters, clothing, hair pieces and woodwork. Be sure to visit the KidZone - designed just for kids and including fun activities for all ages! Ages: All. **FEE:** Free!



Saturday, September 14	2 - 6 p.m.	Rob Fleming Park
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*Interested in being an art vendor or performer? For vendor information, please visit [www.thewoodlandstowship-tx.gov/artsinthepark](http://www.thewoodlandstowship-tx.gov/artsinthepark)*

## Kid's Night Out! - NEW!

Join us the second Friday of every month for fantastic, super, awesome, wacky, wild fun! Kid's Night Out will have tons of games, arts and crafts and extra special activities each month! Children should wear comfy clothes so they can play and get wild! Dinner included. Ages: 4-10. **FEE:** \$20 Child, \$5 sibling discount.



September 13	It's a Jungle in Here	6 - 10 p.m.	Rec Center	#5103.303
October 11	Disco Dance Party	6 - 10 p.m.	Rec Center	#5103.313
November 8	Super Secret Spy Night	6 - 10 p.m.	Rec Center	#5103.323
December 13	Santa's Sport Spectacular	6 - 10 p.m.	Rec Center	#5103.333

## 7<sup>th</sup> Annual Creekside Campout

Remember when life was simple? Real fun meant catching fireflies with friends and camping out in the yard. Relive that fun with your kids and grandkids. Fee includes dinner, breakfast, snacks and all activities; just bring your tent and sleeping bags. More information can be found at [www.thewoodlandstowship-tx.gov](http://www.thewoodlandstowship-tx.gov). **FEE:** \$125 Family of four, \$30 per extra family member; buy a tent and four sleeping bags for \$100, \$25 each additional sleeping bag.

Saturday, October 5 - Sunday, October 6	2 p.m. - 9 a.m.	Rob Fleming Park	#6069.303
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## BuildingBrains Schools Out Camps - NEW!

### Building Fun - Thanksgiving Holiday Break

Using LEGO® and K'NEX educational kits, campers will build simple machines that really work with gears, levers and pulleys then motorize them. LEGO® Duplo and K'NEX educational kits build math and science skills as well as fine motor skills and confidence! Bring a lunch, two snacks, water bottle, tennis shoes and sunscreen. Ages: 5 - 10. **FEE:** \$225 Resident, \$235 Non-resident.

Mon - Wed, November 25 - 27	9 a.m. - 4 p.m.	Rec Center	#2298.323
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### Building Fun - Christmas Holiday Break

Using LEGO® and K'NEX educational kits, campers will build simple machines that really work with gears, levers and pulleys then motorize them. LEGO® Duplo and K'NEX educational kits build math and science skills as well as fine motor skills and confidence! Bring a lunch, two snacks, water bottle, tennis shoes and sunscreen. Ages: 5 - 10. **FEE:** \$405 Resident, \$415 Non-resident.

December 26, 27, 30, 31 & January 2, 3	9 a.m. - 4 p.m.	Rec Center	#2298.333
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# HOLIDAY ACTIVITIES

*Please Note this registration change: pre-registration is now required for ALL programs on this page.*

## Christmas in a Kayak!

Come out with Santa for some fun in the sun! Santa will join us on a kayaking adventure to Northshore Park for a present hunt. *Riva Row Boat House rules apply to this program.* Ages: Any age child must be accompanied by an adult to ride in the kayak.

**FEE:** \$45 per child-parent pair

Saturday December 14	9 a.m.	Riva Row Boat House	#5901.303
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## Polar Express Pizza Party

Get in the holiday mood with a pajama and pizza party! Watch *Polar Express* on the big screen and enjoy a special visit from Santa Claus. Bring your lawn chairs, blankets and warm clothes! Pizza, drinks and dessert included. Ages: All.

**FEE:** \$30 Family of four.

Saturday December 14	7 p.m.	The Lodge at Rob Fleming Park	#6029.353
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## Milk and Cookies with Santa

Have milk and cookies with Santa and hear a Christmas story by the fireplace! *Don't forget your camera, and please be sure to register early (this event sold out in 2012).* Ages: 3 - 12.

**FEE:** \$15 Child, \$10 per additional sibling.

Sunday December 15	7 p.m.	The Lodge at Rob Fleming Park	#6029.333
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## Snowcones with Frosty the Snowman

Have holiday fun with Frosty the Snowman! Join a snow ball fight, build a snow man and have a frosty treat! Ages: 6 - 12. **FEE:** \$15 Child, \$10 per additional sibling.

Sunday December 15	3 p.m.	The Lodge at Rob Fleming Park	#6029.343
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## Breakfast with Santa

Join Santa for a catered breakfast by the fireplace at The Lodge in Rob Fleming Park. Festivities include breakfast, carolers and photographs. *Don't forget your camera!* Ages: All. **FEE:** \$40 Family of four, \$7 each additional family member (discounts available for families of two or three).

Saturday December 21	9 a.m.	The Lodge at Rob Fleming Park	#6029.313
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## Evening with the Elves

Join Santa and his elves for dinner and s'mores by the fireplace at The Lodge at Rob Fleming Park. The evening will include dinner, dessert, holiday crafts and bingo. *Don't forget your camera and please be sure to register early (this event sold out in 2012).* Ages: All. **FEE:** \$40 Family of four, \$7 each additional family member (discounts available for families of two or three).

Sunday December 22	5 p.m.	The Lodge at Rob Fleming Park	#6029.323
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## Flashlight Candy Cane Hunt

Don't miss this great holiday hunt! There will be candy canes, hot cocoa and special presents from Santa, who might even deliver them himself! *Don't forget your flashlight!* Ages: 6 - 12. **FEE:** \$15 per child, \$10 per additional sibling.

Saturday December 21	6 p.m.	The Lodge at Rob Fleming Park	#6080.333
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# SUNNY DAYZ HOLIDAY DROP-IN CAMPS

Please note: Drop-In Camps follow Conroe Independent School District holiday calendar.



## Thanksgiving Week

Join us the week of Thanksgiving! Come one day or all days; just register early. Each camp runs from 7:30 a.m. to 5:30 p.m. at the Recreation Center. Ages: 6 - 12. **FEE:** \$50 Per day, \$15 per day sibling discount, \$25 discount if you sign up for all days.

### FALL into the Holidays

Get ready for the holidays with fun holiday themed crafts and games!

Monday, November 25	#2032.313
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### Sunny Dayz Stuffed Fun

So much to do and so little time! Fill the day up with Sunny Dayz crafts and games.

Tuesday, November 26	#2032.323
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### Gobble Gobble 'til You Wobble

It's almost Turkey Day! Get ready for Thanksgiving by playing Turkey Tag, making Thanksgiving place mats, and much more!

Wednesday, November 27	#2032.333
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## Christmas Break

Celebrate with us during Christmas break! Come one day or all days; just register early. Determinations are made five days prior to each date whether enough participants are enrolled to hold the camps. Each camp runs from 7:30 a.m. to 5:30 p.m. at the Recreation Center. Ages: 6 - 12. **FEE:** \$50 Per day, \$15 per day sibling discount; \$100 discount if you sign up for all days.

### Candy Cane Factory

It's a fun day filled with candy canes galore! We will make a candy house as well as many candy cane crafts.

Monday, December 23	#2031.313
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### Around the World in a Day

Let's take a wild ride and figure out how Santa circles the world in one day! Experience different cultures with crafts, food, and activities.

Tuesday, December 24 (Camp closes at 3 p.m.)	#2031.323
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### Cookie Crumble Rumble

We will make cookie cakes, do cookie crafts and watch cookies rumble and tumble in a great cookie toss!

Thursday, December 26	#2031.333
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### Holiday Hullabaloo

Join the hullabaloo and dance the holiday shake and holiday hustle!

Friday, December 27th	#2031.343
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### Snowman Wonderland

Create a winter wonderland with snowmen, eat snow cones and make snow crafts.

Monday, December 30	#2031.353
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### Blast to the Past

We'll travel back in time to the ancient age of black and white television, then blast all the way forward to our last stop in 2013!

Tuesday, December 31 (Camp closes at 3 p.m.)	#2031.363
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### Party like its 2014!

Start the New Year right with new games and new crafts.

Thursday, January 2	#2031.373
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### A Very Woodlands Winter

Design your own snowflakes, watch the movie "Jack Frost" and join a snowman building contest.

Friday, January 3	#2031.383
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### Dreaming of a Texas Summer - Martin Luther King Day

Tired of all the cold weather? Heat things up at Sunny Dayz camp! Eat s'mores and have a Texas-style snowball fight.

Monday, January 20	#2031.393
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### A Lovely Sunny Dayz - President's Day

What a lovely day to come to camp! Celebrate George Washington's birthday by making a powdered wig and building a log cabin.

Monday, February 17	#2031.303
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# WATERWAY SQUARE/TOWN GREEN PARK PROGRAMS

## Labor Day Weekend Celebration

Celebrate Labor Day weekend at Waterway Square on Saturday, August 31, 2013 and Sunday, September 1, 2013 from 6 p.m. to 9 p.m. Enjoy back-to-back evenings of live music, strolling entertainers and vendor booths. Both nights conclude with an extravagant fireworks display at 8:55 p.m., weather permitting.



## Trick or Treat Trail

Little ghosts, princesses and goblins will get a head start on Halloween at the 4th Annual Trick or Treat Trail to be held Sunday, October 27, 2013 from 3 p.m. to 6 p.m. at Town Green Park. Kids can trick or treat for candy and surprises, participate in crafts, enjoy a costume contest and interactive games and booths.



## PROGRAM AND EVENT UPDATES

The Woodlands Township Parks and Recreation staff make every effort to ensure the accuracy of program information. Updates, such as fees and location changes, to programs and events will be posted to [www.thewoodlandstownship-tx.gov/programupdates](http://www.thewoodlandstownship-tx.gov/programupdates).

## CELEBRATE THE HOLIDAYS IN THE WOODLANDS

### Lighting of the Doves and iWOW

[www.LightingoftheDoves.com](http://www.LightingoftheDoves.com), [www.iWOWinTheWoodlands.com](http://www.iWOWinTheWoodlands.com)

The 31st Annual Lighting of the Doves and the 7th Annual iWOW (International Winter On The Waterway) will be held Saturday, November 23, 2013 at Town Green Park, 2099 Lake Robbins Drive, and along The Woodlands Waterway from 3 p.m. to 9 p.m. Town Green Park will feature interactive booths and games, live music, snow play areas, balloon artists, face painters, inflatables, ice carvers and fireworks (weather permitting)! With its "street fair" atmosphere, iWOW showcases the holiday traditions from other countries with exhibits along the banks of the Waterway. Plus, Santa makes his grand entrance in a dazzling, decorated boat along the Waterway. Lighting of the Doves and iWOW are free and open to the public. Tickets for food, concessions and games may be purchased at the events.

### The Ice Rink at The Woodlands Town Center

[www.TheWoodlandsIceRink.com](http://www.TheWoodlandsIceRink.com)

The Ice Rink at The Woodlands Town Center will open daily beginning Saturday, November 23, 2013 at the northeast corner of Lake Robbins and Six Pines Drive. A special preview weekend will take place on Saturday, November 16, 2013 and Sunday, November 17, 2013. The largest seasonal outdoor ice rink in the southwest, The Ice Rink at The Woodlands Town Center will remain open daily through Monday, January 20, 2014.



### Donoho's Jewellers Winter Wonderland

[www.TheWoodlandsWinterWonderland.com](http://www.TheWoodlandsWinterWonderland.com)

Features illuminated holiday scenes and storybook displays surrounding The Woodlands Ice Rink along the northeast corner of Lake Robbins and Six Pines Drive. Visitors can wander through a fantasy land of magical, lighted toy soldiers, elves, doves, musical angels and snowmen from November 23, 2013 to January 20, 2014.

### Caroling on the Square Series

Holiday carolers will get you in the holiday spirit at the 3rd Annual Caroling on the Square series at Waterway Square. The festive holiday caroling will take place Saturday, December 7, 14 and 21, 2013 from 6 p.m. to 8 p.m., with special appearances by Santa on December 7 and 21.

Visit [www.HolidayInTheWoodlands.com](http://www.HolidayInTheWoodlands.com) for more information.



# RIVA ROW BOAT HOUSE PROGRAMS

Come to the Boat House and register for some of the coolest programs in The Woodlands!

**Kayak Rental Fees** *No cap on hourly rentals*

**Tandem:** \$20 for first hour, \$5 per add'l. hour

**Single:** \$15 for first hour, \$5 per add'l. hour

## Hours

May 13 - September 1: 9 a.m. to 8 p.m.; closed Wednesday

September 2 - December 31: 9 a.m. to sunset; closed Tues. & Wed.

Programs require registration at least one week in advance unless stated otherwise. Rates include paddles and life jackets. A signed liability waiver is required for all kayak rentals, must be 18 years or older to sign waiver. Children under 10 years old must be accompanied by an adult 18 years or older. Kayakers and passengers under age 16 must be supervised by an adult.

## Riva Row Boat House

Email: [boathouse@thewoodlandstowship-tx.gov](mailto:boathouse@thewoodlandstowship-tx.gov)

2101 Riva Row, The Woodlands, Texas 77380

281-210-3965 • [www.thewoodlandstowship-tx.gov/rivarowboathouse](http://www.thewoodlandstowship-tx.gov/rivarowboathouse)



## ACA Level I Intro to Kayaking

Learn the American Canoe Association way of paddling with an ACA certified instructor. This course will give you a full day of classroom and hands-on instruction. Class size limited to five students. Other dates available upon request. Ages: 18 and up. **FEE:** \$100 Person.



Saturday, Oct. 5	9 a.m.	Riva Row Boat House	#9900.313
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## Group Outings - Special discounted rates!

Have your next birthday party, family reunion, special interest group or company team building event at the Riva Row Boat House! Scavenger hunts, guided tours, communication drills and much more. Group outings can be scheduled for any day the Boat House is open. Ages: All. Please call 281-210-3965 for more information and reservations.

## Lake Woodlands Sunday Excursion

Let us guide you around Lake Woodlands on a two-hour tour. We will provide a snack, a drink and the kayak. Must register in advance of the class. Ages: All. **FEE:** \$40 First person, \$15 second person.

September 15	10 a.m. - noon	Riva Row Boat House	#9000.313
October 13	10 a.m. - noon	Riva Row Boat House	#9000.323
October 27	10 a.m. - noon	Riva Row Boat House	#9000.333
November 3	10 a.m. - noon	Riva Row Boat House	#9000.343

## Kayaking 101

Spend two hours with us and learn all you need to know to get started with this great sport. You will even get to kayak beautiful Lake Woodlands. Ages: All, children under age 10 must be accompanied by an adult aged 18 years or older in a tandem kayak. **FEE:** \$40 Person.

Saturday, Sept. 21	10 a.m. - noon	Riva Row Boat House	#9020.313
Thursday, Oct. 10	10 a.m. - noon	Riva Row Boat House	#9020.323
Thursday, Nov. 7	10 a.m. - noon	Riva Row Boat House	#9020.333
Saturday, Nov. 16	10 a.m. - noon	Riva Row Boat House	#9020.343

## Picnic Pack

Grab a friend or a loved one and meet us at the Riva Row Boat House for a picnic lunch and a cruise in a kayak! Must provide at least 24 hours notice. **FEE:** \$60, includes a two-hour tandem rental and lunch from Hubbell and Hudson. Program #9100.303.

*Participants must register at least one week prior to the start of all Riva Row Boat House programs, unless stated otherwise.*

## Lake Woodlands Clean Up

Help keep Lake Woodlands trash free! Pick a date below, register then go kayaking. A full bag of trash earns a free kayak rental! **Participants must remain in their kayaks for the duration of the clean up.** **FEE:** Regular rental rates apply. Please call 281-210-3965 to register.

Saturday, September 7	Any time	Riva Row Boat House	#9500.313
Saturday, October 12	Any time	Riva Row Boat House	#9500.323
Saturday, November 9	Any time	Riva Row Boat House	#9500.333

## Stand Up Paddle Boarding Surf'n'Play/Surf'n'Fit

Tailored to meet your personal goals, this program provides a fun and challenging environment to improve body movement, reduce body fat, and enhance the mind/body connection. Classes are an one hour and fifteen minutes. Must reserve space at least 24 hours in advance. Call Riva Row Boat House for more details. Fee: \$50 Person per lesson or \$120 person per month (four lessons).

Thursday, Friday or Saturday	During Boat House open hours	Riva Row Boat House	September	9323.313
			October	9323.323
			November	9323.333

## SUP Group Outing

Bring a group of friends, celebrate a birthday, or host a corporate outing all on Stand Up Paddle boards! Learn to paddle board from the pros with group. Call 888-499-8118 or email [info@pangasurf.com](mailto:info@pangasurf.com) to book your date and time. Must call at least 24 hours in advance. **FEE:** \$30 Person, minimum five people per group.

During Boat House open hours	Riva Row Boat House	September	9375.313
		October	9375.323
		November	9375.333



# PRESCHOOL PROGRAMS

## PARENT PARTICIPATION

All programs marked with an \*asterisk require parent participation in the class. Thank you!

**Celebrate your child's next birthday** at The Woodlands Township Recreation Center! We have a prime location with lots of possibilities, such as having access to the multipurpose court, skate park, tennis courts, playground and pool. There are two great rooms that can be reserved for less than \$100 for two hours. Give us a call at **281-210-3950** and reserve your next birthday party with us.

Book a **LEGO® birthday party** at The Woodlands Township Recreation Center and Building Brains will entertain the kiddos for one hour building levers, pulleys and more! Visit [BuildingBrains.biz](http://BuildingBrains.biz) for more information. The rental includes a room, tables and chairs on a Saturday of your choice (pending availability) from 2 - 5 p.m. for \$300. E-mail [parkrec@thewoodlandstowship-tx.gov](mailto:parkrec@thewoodlandstowship-tx.gov) to book your date or call 281-210-3950.



## Pequenos: Preschool Spanish for Toddlers

Sign your toddler up for this Spanish program designed to teach through games, stories, role play, reading, speaking, listening activities, songs and other interactive activities. Our native teachers make learning Spanish fun! Ages: 2 - 5 years. FEE: \$180 Resident, \$190 Non-resident.

August 26, 28, 30	9 a.m. to 12 p.m.	Rec Center	#2351.313
September 9, 11, 13	9 a.m. to 12 p.m.	Rec Center	#2351.323
September 16, 18, 20	9 a.m. to 12 p.m.	Rec Center	#2351.333
October 7, 9, 11	9 a.m. to 12 p.m.	Rec Center	#2351.343
October 21, 23, 25	9 a.m. to 12 p.m.	Rec Center	#2351.353

## Conmigo: Spanish Mommy and Me

Mommy and Me Spanish Immersion Program introduces Spanish to young children through music, finger plays, rhymes, and interactive play. Exposing children to a second language at a young age helps develop fluency, cognitive thinking and socialization. Ages: 18 months to three years. FEE: \$195 Resident, \$205 Non-resident. \*No class November 26.

Tuesday, Oct. 8 - Dec. 17*	10 to 10:45 a.m.	Rec Center	#4470.313
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## Engineering For Kids - Junior Civil & Mechanical

Students enter a world of innovation, imagination, and learning! Real world engineers reveal basics of engineering. Students use the Engineering Design Process to design, create, test, and refine basic solutions related to building and construction. Introduces fundamental concepts of energy, materials, and movement. **Note:** Class ratio of 6:1 students to teachers. Ages: Pre-kindergarten to first grade. FEE: \$120 per eight class session, \$25 per class drop-in; plus \$40 supply fee. **Note:** Drop-ins allowed if class is not full.

Saturday	Sept. 14 - Nov. 2	9:30 - 10:30 a.m.	Rec Center	#2290.313
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## Kindergarten Readiness Program

This readiness program is designed to prepare children socially, emotionally and academically for kindergarten through higher learning. What children learn before entering school has a big impact on how well they do in school. Our experienced teachers give them a little extra help for a smooth transition to school. Ages: 3 - 6 years. FEE: \$200 Resident, \$210 Non-resident.

Tuesday & Thursday	10 a.m. to Noon	Rec Center	September 10 - 19	#4418.313
			October 1 - 10	#4418.323
			November 5 - 14	#4418.333

## PERFORMING ARTS DANCE WITH CAROLINE BATSON

All classes are based on the joy of learning dance and performing on stage. Caroline Batson is a degreed dance professional with 30 years of experience.

### Baby Ballet\* Join any time!

Learn great pre-ballet/tap technique and politeness while enhancing your child's imagination. Black tap shoes, pink ballet slippers, pink tights and black or pink leotard required; tutus are okay. Ages: 2 - 3½. FEE: \$55 Resident monthly, \$60 Non-resident monthly.

Thursday, September - December	10 - 10:30 a.m.	Rec Center
	10:30 - 11 a.m.	

### Ballet & Tap Join any time!

Preschool class designed to introduce your child to dance. Plies, skipping, shuffles and a performance for the whole family to enjoy! Build your child's self confidence and love for the arts. Black leotard, pink tights, pink ballet slippers and black tap shoes required. Can wear any tutu they like! Ages: 3 ½ - 5. FEE: \$75 Resident monthly, \$85 Non-resident monthly.

Thursday, September - December	11 - noon	Rec Center
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## Sports of All Sorts

What better way to find out what your child wants to play! Your little athlete will love getting a taste of basketball, soccer, playing catch and working as a team! There will be a few surprises in store, too! Coach Sarah Torre taught pre-school sports programs for the last two years, and was also an elementary school teacher! Ages: 3 - 5 years. **FEE:** \$45 Resident, \$50 Non-resident.

Saturday, Sept. 7 - 28	10:40 - 11:20 a.m.	Rec Center	#5741.313
Saturday, Oct. 5 - 26	10:40 - 11:20 a.m.	Rec Center	#5741.323
Saturday, Nov. 2 - 23	10:40 - 11:20 a.m.	Rec Center	#5741.333
Saturday, Dec. 7 - 28	10:40 - 11:20 a.m.	Rec Center	#5741.343

## Soccer 4 Tots

Your child will get a "kick" out of this program! Participants learn how to pass, dribble, trap and shoot the ball. Shin guards are mandatory. **FEE:** \$45 Resident, \$50 Non-resident.

**Ages:** 2 - 3 ½

Saturday, Sept. 7 - 28	9 - 9:40 a.m.	Rec Center	#5602.243
Saturday, Oct. 5 - 26	9 - 9:40 a.m.	Rec Center	#5602.313
Saturday, Nov. 2 - 23	9 - 9:40 a.m.	Rec Center	#5602.323
Saturday, Dec. 7 - 28	9 - 9:40 a.m.	Rec Center	#5602.333

**Ages:** 3 ½ - 5

Saturday, Sept. 7 - 28	9:50 - 10:30 a.m.	Rec Center	#5601.243
Saturday, Oct. 5 - 26	9:50 - 10:30 a.m.	Rec Center	#5601.313
Saturday, Nov. 2 - 23	9:50 - 10:30 a.m.	Rec Center	#5601.323
Saturday, Dec. 7 - 28	9:50 - 10:30 a.m.	Rec Center	#5601.333

## Fury Mini-Sluggers

Learn the fundamentals of T-ball from a professional coach! All aspects of the game will be covered including catching, throwing and running the bases. Each session is four weeks long. Participants must bring their own mitt. Ages: 4 - 6. **FEE:** \$65 Resident, \$75 Non-resident.



Tuesday, Sept. 10 - Oct. 1	4 - 5 p.m.	Alden Bridge Sports Park	#5737.313
Tuesday, Oct. 15 - Nov. 5	4 - 5 p.m.	Alden Bridge Sports Park	#5737.323

**Play Smarter Technologies** - Laugh more, play more with Play Smarter Technologies! For more information about Play Smarter Technologies please visit [www.playsmartertechnologies.com](http://www.playsmartertechnologies.com).

## Mini Monster Pre-K Art & Science

Little scientists explore an exciting mix of storybook adventures, science, and art. Perfect for busy little ones with big imaginations. Classes creatively incorporate early math concepts, sight words, music and nature. Ages: 3 - 6 years. **FEE:** \$125 Resident, \$135 Non-resident.

Wednesday Sept. 4 - Oct. 16	11:30 a.m. - 12:30 p.m.	Rec Center	#4655.313
Wednesday Oct. 23 - Dec. 11 No class Nov. 27	11:30 a.m. - 12:30 p.m.	Rec Center	#4655.323



### Instructor Highlight

Coach Sarah Torre taught preschool sports programs for the last two years. Formerly an elementary school teacher and coach, she loves working with children of all ages!



## Tiny Tennis

Children learn the FUNDamentals of tennis from a professional coach with over 20 years of experience teaching and playing tennis. Tennis tots play a variety of fun games and drills focusing primarily on hand-eye coordination and foot exercises. Skills are taught with an emphasis on tennis. All participants must bring their own racquet. Ages: 3 - 5 years, beginner and intermediate levels. *\*No class on November 28.*

**FEE:** \$45 Resident, \$55 Non-resident.

### Beginners

Thursday, Sept. 12 - Oct. 3	10:30 - 11:15 a.m.	Rec Center	#5700.313
Thursday, Oct. 10 - 31	10:30 - 11:15 a.m.	Rec Center	#5700.323
Thursday, Nov. 7 - Dec. 5*	10:30 - 11:15 a.m.	Rec Center	#5700.333

### Intermediate

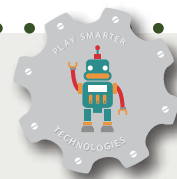
Thursday, Sept. 12 - Oct. 3	11:30 a.m. - 12:15 p.m.	Rec Center	#5700.343
Thursday, Oct. 10 - 31	11:30 a.m. - 12:15 p.m.	Rec Center	#5700.353
Thursday, Nov. 7 - Dec. 5*	11:30 a.m. - 12:15 p.m.	Rec Center	#5700.363



## Me and My Parent Preschool Science

Join your little ones for spectacular science silliness, crazy chemistry, and interactive art. Classes creatively incorporate early math concepts, sight words, music and nature. Perfect for preparing little ones for Pre-K or Kindergarten. Ages: 3 - 6 years. **FEE:** \$125 Resident, \$135 Non-resident.

Wednesday Sept. 4 - Oct. 16	10 - 11 a.m.	Rec Center	#4650.313
Wednesday Oct. 23 - Dec. 11 No class Nov. 27	10 - 11 a.m.	Rec Center	#4650.323





# YOUTH PROGRAMS

## Gorilla Hole

**A Woodlands tradition for 20 years!**

It's a night out for kids...and a break for their parents! Gorilla Hole is a fun social program that offers indoor and outdoor games, music, snacks and competitions. Dress code and proper behavior are enforced. Ages: Grades 5 and 6. **FEE:** \$7 Person.



Friday, September 6	7 - 9:45 p.m.	Rec Center
Friday, September 20	7 - 9:45 p.m.	Rec Center
Friday, October 4	7 - 9:45 p.m.	Rec Center
Friday, November 1	7 - 9:45 p.m.	Rec Center
Friday, November 15	7 - 9:45 p.m.	Rec Center
Friday, December 6	7 - 9:45 p.m.	Rec Center

## Cool Kids Hip-Hop Dance

Boys and girls can improve their coordination, motor skills, fitness, memorization and, most importantly, build confidence! Dance Instructor Whitney Grunder, in association with WhitneyGZdance, has more than 10 years experience and will provide students with fun, upbeat music and high-energy choreography. **\*No class on November 27.** Ages: 6 - 10.

**FEE:** \$75 Resident, \$85 Non-resident, \$15 drop-in.

Wednesday, Sept. 11 - Oct. 30	5 - 5:45 p.m.	Rec Center	#3605.313
Wednesday, Nov. 6 - Dec. 11*	5 - 5:45 p.m.	Rec Center	#3605.323

## Jazz Kids Dance Class

Students will learn exciting routines combining dance techniques and movement, with a mini performance at the end of the session for family and friends! Dance Instructor Whitney Grunder, in association with WhitneyGZdance, has more than 10 years experience and will provide students with fun, upbeat music and high-energy choreography. **\*No class on November 27.** Ages: 6 - 10. **FEE:** \$75 Resident, \$85 Non-resident, \$15 drop-in.

Wednesday Sept. 11 - Oct. 30	5:45 - 6:30 p.m.	Rec Center	#3156.313
Wednesday Nov. 6 - Dec. 11*	5:45 - 6:30 p.m.	Rec Center	#3156.323

## NEW! Engineering for Kids - Birthday Parties!

Engineering For Kids® parties will entertain your guests with hands-on engineering projects! Invite your friends for a fun, action packed party that is sure to thrill all who attend! For additional information, including owner and instructor biographies, please visit [www.engineeringforkids.net/GreaterHouston](http://www.engineeringforkids.net/GreaterHouston).

## Engineering For Kids - Civil & Environmental

Enter a world of innovation, imagination, and learning. Real world engineers share what an engineer does. Students use the Engineering Design Process to design, create, test, and refine basic solutions related to building and construction; including alternative energy and environmental issues. Note: Class ratio of 10 students to one teacher. Ages: 2nd - 6th grades. **FEE:** \$120 per session. \$25 per class drop-in; plus \$40 supply fee. **Note: Drop-ins permitted if class is not full.**

Saturday	Sept. 14 - Nov. 2	10:40 - 11:40 a.m.	Rec Center	#2290.323
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## Amigos: Afterschool Enrichment Spanish

Sign your child up to learn Spanish through games, stories, role-play, reading, speaking, listening activities, songs and other interactive activities. Native speaking teachers, small groups and a friendly atmosphere make learning Spanish fun for all! Ages: 6 - 10. \$300 Resident, \$310 Non-resident. **\*No class week of Thanksgiving!**

Sept. 9 - Dec 16*	4:15 - 5:45 p.m.	Rec Center	#2352.313
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## Play Smarter Technologies

For more information about PlaySmarter Technologies please visit [www.playSMARTtechnologies.com](http://www.playSMARTtechnologies.com). **\*No class on November 25.**

## Cooking up Chemistry

Learn the chemistry of your favorite sweets and healthy treats. Learn the fastest way to freeze fresh juice popsicles and the science of gummy candy while helping kitchen creatures solve their cooking conundrums! Create and keep a digital cook book with class pictures and recipes. Parents have online access to class kitchen. **No nuts will be used in class, individual modifications for food allergies will be arranged.** Ages: 6-12. **FEE:** \$125 Resident, \$135 Non-resident.

Monday, Sept. 9 - Oct. 21	4 - 5 p.m.	Rec Center	#4656.313
Monday, Oct. 28 - Dec. 16*	4 - 5 p.m.	Rec Center	#4656.323

## Robo Lab

Young scientists enter the Robo Lab for engineering excitement, crazy chemistry and fun with cutting edge robotics. They will construct and program their way through robo relays and wild science. A story will unfold with math puzzles that reinforces critical thinking, reading skills and vocabulary. Ages: 6 - 12. **FEE:** \$125 Resident, \$135 Non-resident.

Monday, Sept. 9 - Oct. 21	5:30 - 6:30 p.m.	Rec Center	#4657.313
Monday, Oct. 28 - Dec. 16*	5:30 - 6:30 p.m.	Rec Center	#4657.323

## Sci- Fi Creative Studios

Roll a little bit of everything into one class full of digital arts, silly science, movie making, cooking chemistry and computer reinforcement, and what do you get? Fun! Imaginative stories and challenging activities create a dynamic class full of education and excitement! Ages: 6 - 12. **FEE:** \$125 Resident, \$135 Non-resident.

Monday, Sept. 9 - Oct. 21	6:30 - 7:30 p.m.	Rec Center	#4657.333
Monday, Oct. 28 - Dec. 16*	6:30 - 7:30 p.m.	Rec Center	#4657.343

## Discovery Kidz

Join Miss Charlotte and Discovery Kidz for tons of fun this fall!

## Calling all Muggles!

Muggle training begins by dividing students into "houses" with the sorting hat. Students will make dragon drool, invisible ink and experiment with "potions". Students will also play games, make butterscotch drinks and chocolate frogs. Ages: 5 - 11. **FEE:** \$90 Resident, \$100 Non-resident.

Tuesday, September 17 - 26	4:45 - 6 p.m.	Rec Center	#4705.303
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## Pirates & Princesses

Ahoy, matey! Dress up and discover the world of swashbuckling pirates and elegant princesses. Participants will go on treasure hunts, count loot, experiment with buoyancy, make a pirate ship out of recyclable materials and engage in a homemade catapult battle! Pirates will make butter beer and princesses will make princess punch. Ages: 4 - 9. **FEE:** \$70 Residents, \$80 Non-resident.

Mon. & Wed., Oct. 7 - 16	4:45 - 6 p.m.	Rec Center	#4711.313
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## PSAT/SAT Test Prep

Prepare your student for the SAT with effective strategies for the verbal, math and writing sections. Your child's confidence will skyrocket after learning the correct way to approach the problems. Real SAT practice problems will be used. Instructor has more than 12 years experience with SAT/ACT. A test prep packet is supplied to each student, purchase of The Official SAT Study Guide is required. Ages: 14 - 18. **FEE:** \$95 Resident, \$105 Non-resident

Tuesday & Thursday Sept. 10 - Oct. 3	7 - 8:15 p.m.	Rec Center	#4645.313
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Monday & Wednesday October 7 - 30	7 - 8:15 p.m.	Rec Center	#4645.323
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## Spooky Science

Your child is sure to have a SPOOK-tacular time participating in fun and educational "spooky science" experiments. Explore optical illusions, create "howling cups" and "screaming balloons," make Halloween slime, BOO bubbles and more! Children will be able to take home a set of supplies/instructions for some of the experiments to repeat at home for mom and dad. Ages: 3 - 10. **FEE:** \$70 Resident, \$80 Non-resident.

Mon. & Wed., October 21 - 30	4:30 - 5:45 p.m.	Rec Center	#4704.313
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## Out of This World Science

Test your powers with out-of-this-world experiments! Create galactic goo, use the unseen forces of magnetism and static electricity to levitate objects, explode volcanoes and make hovercrafts! Ages: 3 - 10. **FEE:** \$70 Resident, \$80 Non-resident.

September 23, 25 and 27	4 - 5:15 p.m.	Rec Center	#4713.303
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## The Science of Apps Games

Build structures then demolish them while trying to knock down the green pigs! Use a variety of building materials and slingshot "birds" made from a different materials including water balloons, foam balls, paper-mache piñatas, plush characters, and more! Travel on a golden egg hunt and make delicious snacks! Ages: 4 - 9. **FEE:** \$75 Resident, \$85 Non-resident.

October 8 - 10	5 - 6:15 p.m.	Rec Center	#4717.313
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## Rock Band Academy

Rock out in a real band this fall! Be a rock star! Each band votes on their band name, learns performance skills, makes band posters and learns a song to perform before a live audience. Instruments include guitar, bass, drums, piano and voice. No experience is needed, beginners are welcome. *Guitarists and bassists are strongly encouraged to bring their own instruments.* Ages: 7 - 18. **FEE:** \$275 Person, family discounts available.

Saturday Sept. 7 - Nov. 9	1 - 2:30 p.m.	Rec Center	#4088.313
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## Hook, Line, Sinker

In this one-day clinic, Park Rangers will teach children the basics of fishing, including how to tie a line, bait a hook and catch a fish. Parents are welcome to join in the fun. *Register early to secure your spot!* Fishing poles are needed. Ages: 5 - 14. **FEE:** Free!

Saturday, November 2	8 - 10 a.m.	Creekwood Park	#4060.303
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## Extreme Cheer and Tumbling

Enhance your cheer and tumbling skills with Emily Dye, recent coed Cheer Captain at Baylor University. Emily has over 15 years of cheer, dance and tumbling experience. Participants will develop cheer motions, flexibility, tumbling and backhand springs! Ages: 8 - 12. **FEE:** \$75 Monthly.

Tuesday	6:20 - 7:30 p.m.	Rec Center	#3623
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## Fury Sluggers

Stay competitive with instruction from a professional coach. Learn the basics and fundamentals of baseball, focusing on hitting and pitching. Bring your mitt and bat. Ages: 7 - 10. **FEE:** \$75 Resident, \$85 Non-resident.



Tuesday September 10 - October 1	5 - 6 p.m.	Alden Bridge Sports Park	#5737.313
Tuesday October 15 - November 5	5 - 6 p.m.	Alden Bridge Sports Park	#5737.323

## Fury Baseball Private Instruction

Private baseball instruction with experienced coach, Clint Johnson specializes in hitting, pitching, catching and fielding. Location and time to be determined by instructor and participant. Ages: 5 and up. **FEE:** \$45 Half hour session, \$75 one hour session. Call Trohn Trabona at 281-210-3950 to book lessons. Program #5740.313.





## i9 Sports - Soccer, Flag Football and Basketball



To register visit [www.i9sports.com](http://www.i9sports.com) or call 281-744-4322. *\*No class held on September 2 or November 26.* Ages: 4 - 14, beginner and intermediate levels. FEE: \$60 Resident monthly, \$70 Non-resident monthly.

### Soccer or Tee Ball

Fast paced drills, skill-building exercises, offensive and defensive positioning and scrimmages.

Tuesday, Aug. 27 - Sept. 17*	4:30 - 6 p.m.	Shadowbend Park
Tuesday, Sept. 24 - Oct. 15	4:30 - 6 p.m.	Shadowbend Park
Tuesday, Oct. 22 - Nov. 12	4:30 - 6 p.m.	Shadowbend Park
Tuesday, Nov. 19 - Dec. 17*	4:30 - 6 p.m.	Shadowbend Park

**Flag Football** - Passing and catching, de-flagging, offensive and defensive positioning and scrimmages. *\*No class on Labor Day, September 2 or November 25.*

Monday, Aug. 26 - Sept. 16*	4:30 - 6 p.m.	Shadowbend Park
Monday, Sept. 23 - Oct. 14	4:30 - 6 p.m.	Shadowbend Park
Monday, Oct. 21 - Nov. 11	4:30 - 6 p.m.	Shadowbend Park
Monday, Nov. 18 - Dec. 16*	4:30 - 6 p.m.	Shadowbend Park

**Basketball** - Passing, shooting, dribbling, shooting and scrimmaging. *\*No class on Thanksgiving, November 28.*

Thursday, Aug. 29 - Sept. 19	4:30 - 6 p.m.	Rec Center
Thursday, Sept. 26 - Oct. 17	4:30 - 6 p.m.	Rec Center
Thursday, Oct. 24 - Nov. 14	4:30 - 6 p.m.	Rec Center
Thursday, Nov. 21 - Dec. 19*	4:30 - 6 p.m.	Rec Center

## i9 Basketball League

Basketball league for beginner and intermediate players. Learn basic basketball skills and drills, including passing, shooting, dribbling and offensive and defensive sets. Schedules of dates and times for practices and games will be distributed prior to the season, younger teams will play first. Ages: 4 - 12. FEE: \$139 Person, includes jersey, equipment, two medals and end-of-season party.

Sat. & Sun. starting Sept. 28 & 29	Schedule TBD	Rec Center
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## Home School Basketball - NEW!

Geared for home schoolers, includes passing, shooting, dribbling and scrimmaging.

Monday & Wednesday Aug. 26 - Nov. 11	Noon - 4:20 p.m.	Rec Center
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## Private Basketball Lessons with Coach Crowe

One to one private lessons focus on improving basketball fundamentals! Learn proper shooting and dribbling techniques. Coach Crowe is a former high school (boys and girls) basketball coach and collegiate basketball player. Contact Mike Crowe at 281-352-8573 for details and scheduling. Ages: 9 - 17. FEE: \$65 Per person per hour; \$55 per hour for 5 lessons; \$50 per hour for 10 or more lessons. Program #5735.



## Basketball Fundamentals

Take a step beyond the basics! Improve basketball skills while building confidence with Coach Marv Johnson. Sessions include training, conditioning, and evaluation. Skills taught are in/out crossover, in/out spin move, jab step, shooting mechanics and jump-stop-step through. Coach Marv brings with him the knowledge, passion and skills to improve any basketball player at any skill level. *Parent/Guardian must be present during class.* Ages: 7 - 17. FEE: \$296 Person.

August 26 - Sept. 18	7 p.m. - 8 p.m.	Rec Center	#5890.313
Sept. 30 - October 23	7 p.m. - 8 p.m.	Rec Center	#5890.323

## Fencing

Fencing is an Olympic sport enjoyed by people of all ages and skill levels worldwide. Join instructors Delfina Perka, a member of the 1980 Polish Olympic Team, and Albert Peters, former head coach of fencing at Cornell University, to learn footwork, technical instruction and bouting. First month, all equipment provided. Ages: 7 and older. FEE: 1x/wk: \$100 Resident monthly, 2x/wk: \$150 Resident monthly, 3x/wk: \$165 Resident monthly; Non-residents add \$10 to monthly fee.

Musketeers (ages 7 - 11)	Tuesday	4:45 - 5:45 p.m.	Rec Center	1x wk #5524
	Saturday	11:45 a.m. - 12:45 p.m.	Rec Center	2x wk #5525
Intermediate / Advanced (ages 7 - 11)	Tuesday	6:30 - 8 p.m.	Rec Center	1x wk #5527
	Thursday	6:30 - 8 p.m.	Rec Center	2x wk #5528
	Saturday	12:45 - 2:15 p.m.	Rec Center	3x wk #5529
Beginners (teens - adults)	Tuesday	8 - 9 p.m.	Rec Center	1x wk #5521
	Thursday	8 - 9 p.m.	Rec Center	2x wk #5522
	Saturday	2 - 3 p.m.	Rec Center	3x wk #5523

## Karate/Tae Kwon Do by TLE Karate

Self-defense program includes blocking, kicking and punching techniques along with kicking combinations with form drills; teaches self-defense, self-discipline and self-confidence. Instructor Travis Lee Everitt, All American Grand Champion and U.S. National Kata Champion is also bi-lingual in Spanish. Belt testing every three months, students receive belt and certificate. Ages: 5 and up. FEE: \$76 Resident monthly, \$86 Non-resident monthly, \$22 drop-in. **No enrollment fees, all fees included.**

Beginner (ages 4 - 12) white belt	Thursday	4:30 - 5:15 p.m.	Rec Center	#1204
Intermediate (any age) yellow/orange belts	Thursday	5:15 - 6 p.m.	Rec Center	#1205
Advanced (any age) green belts+	Thursday	6 - 6:45 p.m.	Rec Center	#1206

# AQUATIC PROGRAMS

## Cyclones Swim Team

September 3 - January 16. Swimmers will work on strokes, turns and starts. TAAF Meet on January 18, 2014 at McKinney, Texas (*cost for meet not included in session fee*). Ages: 7 and up. **FEE: Sessions I, II and IV:** \$80 Person, \$45 person for weekends only; **Session III:** \$50 person, \$30 person for weekends only; **all sessions:** \$240 person; **TAAF Meet:** \$35 person.

<i>Ages 7 - 10</i>		<i>Tues. &amp; Thurs. at Creekwood Pool Sat. &amp; Sun. at Forestgate Pool</i>	
Session 1	September 3 - 30 (T/Th/Sat./Sun.)	7 - 8 p.m.	#1599.413
	September 7 - 29 (Sat./Sun.)	11 a.m. - noon/1 - 2 p.m.	#1599.513
Session 2	October 1 - 31 (T/Th/Sat./Sun.)	7 - 8 p.m.	#1599.423
	October 5 - 27 (Sat./Sun.)	11 a.m. - noon/1 - 2 p.m.	#1599.523
Session 3	November 4 - 22 (T/Th/Sat./Sun.)	7 - 8 p.m.	#1599.433
	November 2 - 17 (Sat./Sun.)	11 a.m. - noon/1 - 2 p.m.	#1599.533
Session 4	Dec. 2 - 20, Jan. 4 - 16 (T/Th/Sat./Sun.)	7 - 8 p.m.	#1599.443
	December 7 - Jan. 12 (Sat./Sun.)	11 a.m. - noon/1 - 2 p.m.	#1599.543
All sessions, September 2013 - January 2014			#1599.453
TAAF Meet - Saturday, January 18, 2014			#1599.363

<i>Ages 11 and older</i>		<i>Forestgate Pool</i>	
Session 1	September 3 - 30 (T/Th/Sat./Sun.)	8 - 9 p.m.	#1560.413
	September 7 - 29 (Sat./Sun.)	Noon - 1 p.m./2 - 3 p.m.	#1560.513
Session 2	October 1 - 31 (T/Th/Sat./Sun.)	8 - 9 p.m.	#1560.423
	October 5 - 27 (Sat./Sun.)	Noon - 1 p.m./2 - 3 p.m.	#1560.523
Session 3	November 4 - 22 (T/Th/Sat./Sun.)	8 - 9 p.m.	#1560.433
	November 2 - 17 (Sat./Sun.)	Noon - 1 p.m./2 - 3 p.m.	#1560.533
Session 4	Dec. 2 - 20, Jan. 4 - 16 (T/Th/Sat./Sun.)	8 - 9 p.m.	#1560.443
	December 7 - Jan. 12 (Sat./Sun.)	Noon - 1 p.m./2 - 3 p.m.	#1560.543
All sessions, September 2013 - January 2014			#1560.453
TAAF Meet - Saturday, January 18, 2014			#1599.363

## Aqua Body Weight Program

Take the weight room to the water! Low- and high-impact water aerobics class that builds strength, improves cardiovascular fitness and flexibility at your own pace. No special equipment required. Ages: 18 and up. **FEE: Sessions I, II and III:** \$40 Person, **session IV:** \$35 person, **all sessions:** \$130 person

Sept. 4 - 30 (M/W/F)	9 - 10 a.m.	Creekwood Pool	#1704.313
Oct. 2 - 30 (M/W/F)	9 - 10 a.m.	CISD Natatorium	#1704.323
Nov. 1 - 22 (M/W/F)			#1704.333
Dec. 2 - 20 (M/W/F)			#1704.343
All sessions, August - December			#1704.353

## Aqua Body Deep Water Program

This low-impact water aerobics class welcomes all fitness levels. You will move from one end of the pool to the other working on your whole body. Receive a mile T-shirt every quarter. Ages: 18 and up. **FEE: Sessions I, II and III:** \$40 Person, **session IV:** \$35 person, **all sessions:** \$130 person

September 3 - 26 (T/Th)	8:45 - 10:15 a.m.	CISD Natatorium	#1710.313
October 1 - 31 (T/Th)			#1710.323
November 5 - 22 (T/Th)			#1710.333
December 3 - 19 (T/Th)			#1710.343
All sessions, September - December			#1710.353

# LEAGUES / TOURNAMENTS

<i>League</i>	<i>Location</i>	<i>Dates</i>	<i>Times</i>	<i>Fee</i>
Softball (Men)	Alden Bridge Sports Park	Monday and Thursday	Evening	\$450 per Team
Softball (Coed)	Alden Bridge Sports Park	Wednesday	Evening	\$450 per Team
Men's Seven-a-Side Soccer	Bear Branch Sports Fields <i>NEW All weather turf!</i>	Sunday	Evening	\$500 per Team
Adult Soccer*	Bear Branch Sports Fields <i>NEW All weather turf!</i>	Wednesday, Oct. - Dec.	8 - 10 p.m.	\$20 Resident, \$25 Non-resident
Men's Basketball	Recreation Center	Monday	6 - 10 p.m.	\$450 per Team
Men's Doubles Tennis Leagues	Various Courts	Tuesday (8 weeks)	7:30 - 10 p.m.	\$25 Resident, \$30 Non-resident
Women's Doubles Tennis Leagues	Various Courts	Wednesdays (8 weeks)	9 - 11 a.m..	\$25 Resident, \$30 Non-resident

\* Drop-in, Ages: 30 & up)

For more information about adult sports leagues, please visit [www.teamsideline.com/thewoodlandtownship](http://www.teamsideline.com/thewoodlandtownship).  
**Need a place to practice?** We have gym space available for team practices! Call 281-210-3950 to reserve a spot.



# YOUTH TENNIS PROGRAMS



The Woodlands Tennis Academy offers organized group and private tennis lessons for both youths and adults. It also offers leagues, drills, tournaments and play days with 16 highly experienced tennis instructors, many of whom are USTPA certified. The Woodlands Parks and Recreation system features 74 tennis courts.

## Tiny Tennis - Preschool Tennis

It is obvious that preschoolers are having a ball in this class! They learn the FUNdamentals of tennis from a professional tennis coach who has almost 10 years of experience teaching and over 20 years of playing tennis. Tennis tots play a variety of games and drills focusing on basic core tennis skill development and develop hand-eye coordination through foot exercises in a fun and enjoyable environment. All participants must bring their own racquet. Ages: 3 - 5, Beginner and intermediate levels. *\*No class on November 28.*  
**FE:** \$45 Resident, \$55 Non-resident.

Level	Day	Dates	Location	Time	Active
Beginners	Thursday	Sept. 12 - Oct. 3	Rec Center	10:30 - 11:15 a.m.	#5700.313
Beginners	Thursday	Oct. 17 - Nov. 7	Rec Center	10:30 - 11:15 a.m.	#5700.323
Beginners	Thursday	Nov. 21 - Dec. 20	Rec Center	10:30 - 11:15 a.m.	#5700.333
Intermediate	Thursday	Sept. 12 - Oct. 3	Rec Center	11:30 am - 12:15 pm.	#5700.343
Intermediate	Thursday	Oct. 10 - Nov. 31*	Rec Center	11:30 am - 12:15 pm.	#5700.353
Intermediate	Thursday	Nov. 7 - Dec. 5*	Rec Center	11:30 am - 12:15 pm.	#5700.363

## Youth Tennis Lessons

This specialized stimulating and challenging program is designed to appeal to children aged 5 - 17 years old. A team of highly trained and motivated instructors provide a wonderful environment for your child to learn tennis! Students and parents alike will be impressed by the dynamic range of learning and carefully designed development plans used throughout the program. New sessions begin each month and students are welcome to join at any time! Each session is four weeks long. **FE:** \$50 Resident monthly, \$60 Non-resident monthly. *Please see class schedule on page 14.*

## ZAT & CHAMPS - Junior Development Masters Tennis Program

This program is for advanced juniors who want to take their game to the next level. Designed to boost players up to champ and super champs! Each drill focuses on the technical, physical and mental aspects of the game with match play. The constructive learning environment allows every student to reach their maximum potential. Players must be approved by Lupe Cantu, 281-224-6901 or email thewoodlandstennis@gmail.com. New sessions begin each month, students can join any time! Ages: 10 - 18. **FE:** Zats 1 and 2: \$162 Resident monthly, \$172 Non-resident monthly, Champs: \$278 Resident monthly, \$288 Non-resident monthly.

Bear Branch Tennis Courts		
ZAT 1*	Mon & Wed	5 - 6:30 p.m.
Zat 2*	Tues & Thurs	5 - 6:30 p.m.
Champs*	Mon, Wed & Thurs	6:30 - 8:30 p.m.

\*Please note: On Friday, all classes meet from 5 - 7 p.m.

## Private and Semi-Private Tennis Instruction

All of The Woodlands Township Tennis Academy instructors are available for private and semi-private tennis instruction. Dates, times and fees are coordinated with the instructor. Please visit [www.thewoodlandstownship-tx.gov/tennis](http://www.thewoodlandstownship-tx.gov/tennis) for the instructor list or call 281-210-3950 for more information.

## Private PE — Tennis

Approved by CISD as a private physical education class for junior high students. Provides a superior level of instruction for singles, doubles and mixed doubles. Class meets on Monday - Thursday at 3 - 5 p.m. and on Friday at 3 - 7 p.m. at The Woodlands Township Recreation Center and at Bear Branch Tennis Courts. Check the CISD Website <http://ci.conroeisd.net/depts/pe/alt/> for requirements and more information.

## Need a New Class?

Do you have a group of children in your neighborhood who would like to take a tennis class together? Group classes can be arranged at The Woodlands Township courts to fit almost any schedule! Six person minimum, players must be of similar ability. Please call 281-210-3950 for more information.

## Experience levels for all ages:

- **Beginner:** No skill or previous experience needed. Must attend at least three sessions to move up.
- **Intermediate:** Has knowledge and skill of forehand, backhand, volleys, and is able to hit 70 percent of shots. Knows "ready position," can rally back and forth with coach on average of four hits. Has basic knowledge of the parts of the court. Is mature enough to focus and follow instruction for a full hour.
- **Advanced:** Has knowledge and skill of forehand, backhand, volleys, and is able to hit 70 percent of shots. Knows "ready position," can rally back and forth with coach on average of four hits. Has basic knowledge of the parts of the court. Is mature enough to focus and follow instruction for a full hour.

For more information please visit:  
[www.thewoodlandstownship-tx.gov/tennis](http://www.thewoodlandstownship-tx.gov/tennis)

	Location	Program	Age	Time	Activity #
MON	Bear Branch	Beginner Rookies	5-6	4:30 PM	#8300
		Interm. Rookies	6-8	4:30 PM	#8322
		Beg. Challengers	9-12	4:30 PM	#8340
		Advanced Rookies	7-8	5:30 PM	#8328
		Beginner Rookies	7-8	5:30 PM	#8301
		Interm./Adv. Challengers	9-12	5:30 PM	#8345
		Aces	13+	6:30 PM	#8365
		Beg. Challengers	9-10	6:30 PM	NEW
	Cranebrook	Beginner Rookies	5-8	6:00 PM	#8303
	Lakeside	Beginner Rookies - <i>NEW! After school, 45 minute class</i>	5-8	3:15 PM	NEW
		Beginner Rookies	7-8	4:30 PM	NEW
		Beg. Challengers	9-10 1/2	4:30 PM	#8354
		Interm./Adv. Rookies	7-8	5:30 PM	NEW
		Interm./Adv. Challengers	9-10 1/2	5:30 PM	#8355
	Timarron	Beginner Rookies	5-7	4:30 PM	#8315
		Advanced Rookies	7-8	5:30 PM	#8327
		Beg./Interm. Challengers	9-10	6:30 PM	#8350
TUES	Bear Branch	Beg. Challengers	11-12	4:30 PM	#8343
		Interm. Rookies	6-8	4:30 PM	#8320
		Beginner Rookies	7-8	4:30 PM	#8310
		Beginner Rookies	5-6	5:30 PM	#8313
		Beginner Rookies	5-6	5:30 PM	#8308
		Interm./Adv. Challengers	11-12	5:30 PM	#8339
		Beg. Challengers	11-12	6:30 PM	NEW
		Aces	13+	6:30 PM	#8367
WED	Bear Branch	Beg. Challengers	11-12	4:30 PM	#8344
		Beginner Rookies	5-6	4:30 PM	#8302
		Interm. Rookies	6-8	4:30 PM	#8323
		Interm./Adv. Challengers	11-12	5:30 PM	#8342
		Advanced Rookies	7-8	5:30 PM	#8326
		Beginner Rookies	7-8	5:30 PM	#8312
		Interm./Adv. Challengers	11-12	6:30 PM	#8348
		Beg. Challengers	9-10	6:30 PM	NEW
	Lakeside	Beginner Rookies - <i>NEW! After school 45 minute class</i>	5-8	3:15 PM	NEW
		Beginner Rookie	6-8	4:30 PM	#8356
		Beginner Challengers	9-12	5:30 PM	#8359
		Interm./Adv. Challengers	9-12	6:30 PM	NEW
THURS	Bear Branch	Interm. Rookies	6-8	4:30 PM	#8321
		Beginner Rookies	7-8	4:30 PM	#8311
		Beg. Challengers	9-10	4:30 PM	#8349
		Interm./Adv. Challengers	11-12	5:30 PM	#8346
		Beginner Rookies	5-6	5:30 PM	#8314
		Interm. Rookies	7-8	5:30 PM	#8328
		Aces	13+	6:30 PM	#8368



### Rookies - Ages 5 - 8

Teacher to student ratio 1:6  
Classes are divided into two age groups: 5 - 6 and 7 - 8.



### Challengers - Ages 9 - 12

Teacher to student ratio 1:8  
Classes are divided into two age groups: 9 - 10 and 11 - 12.



### Aces - Ages 13 - 17

Teacher to student ratio 1:8



# ADULT TENNIS PROGRAMS

## Drills, Drills and More Drills

Competitive drill situations for all levels of play. Emphasizes on ground strokes, serve, volleys, specialty shots, footwork and strategy. Be ready to hit lots of balls! Classes are divided into beginner, intermediate and advanced players. Ages: 18 and up. **FEE:** \$60 Resident, \$70 Non-resident.

## Adult Tennis Lessons

Learn the skills to play the life long sport of tennis or improve your existing skill level! Choose from a selection of lesson packages while playing at The Woodlands tennis courts. Whether you are a beginner or an experienced tennis player, you will excel when working with one of our tennis instructors.

- Beginner Level 1 - Learn how to play the game of tennis. Emphasis on the basics of how to play the game of tennis. Focus is on basic stroke mechanics, rules, scoring and game strategies. 4 - 6 Players.
- Beginner Level 2 - Tennis lessons to improve skills, practice shot-making, and also to improve doubles and singles play.
- Intermediate - Players must know rules, score-keeping and basic strokes.

### MONTHLY FEE:

Connie Grzebielucha	\$60, Resident	\$70, Non-resident
Pattie Jensen	\$65, Resident	\$75, Non-resident
Jon Park	\$88, Resident	\$98, Non-resident

## Tennis Leagues

Looking for some friendly competition? The Woodlands Township offers a variety of tennis leagues. Tuesday night and Wednesday morning men's and women's doubles leagues are in ladder format, partners not required. Mix League is more social and requires a co-ed partner. Regular leagues run eight weeks (schedule includes two make-up dates). Mini-leagues run four weeks (schedule included one week make-up). Players must register to play! Ages: 18 and up. **FEE:** \$25 Resident per league, \$35 Non-resident per league, Mini-league \$12.50 Residents, \$17.50 Non-residents.

<i>Men's Doubles</i>				
Tuesday	7:30 p.m.	Fall League	September 3 - November 5	#8520.233
		Winter Mini-league*	November 12 - December 17	#8520.333
<i>Women's Doubles</i>				
Wednesday	9 a.m.	Fall League	September 4 - November 6	#8550.233
		Winter Mini-league*	November 13 - December 18	#8550.333
<i>Mixed Doubles</i>				
Every other Friday	7 - 9 p.m.	Fall League*	August 30 - December 20	#8560.353
<i>*No League Play on Thanksgiving, November 28, 2013.</i>				

Location	Progra.m.	Day, Time	Session 1	Session 2	Session 3	Instructor	Program #
Bear Branch	Interm. / Advanced Drills	Monday, 10:30 a.m.	Sept. 2-23	Oct. 7-28	Nov. 4-25	Connie Grzebielucha	#8006
Bear Branch	Beginner Lessons	Monday, 6:30 p.m.	Sept. 2-23	Oct. 7-28	Nov. 4-25	Connie Grzebielucha	#8011
Bear Branch	Beginner / Interm. Drills	Monday, 7:30 p.m.	Sept. 2-23	Oct. 7-28	Nov. 4-25	Connie Grzebielucha	#8004
Bear Branch	Beginner Lessons	Monday, 9:30 a.m.	Sept. 2-23	Oct. 7-28	Nov. 4-25	Connie Grzebielucha	#8010
Bear Branch	Interm. / Advanced Drills	Tuesday, 6:30 p.m.	Sept. 3-24	Oct. 9-30	Nov. 6-27	Connie Grzebielucha	#8007
Bear Branch	Beginner Lessons	Tuesday, 8:30 a.m.	Sept. 3-24	Oct. 9-30	Nov. 6-27	Connie Grzebielucha	#8211
Bear Branch	Intermediate Lessons	Tuesday, 9:30 a.m.	Sept. 3-24	Oct. 9-30	Nov. 6-27	Connie Grzebielucha	#8212
Bear Branch	Beginner / Interm. Drills	Wednesday, 10:30 a.m.	Sept. 4-25	Oct. 10-31	Nov 7-28	Connie Grzebielucha	#8213
Bear Branch	Open Drills	Wednesday, 6:30 p.m.	Sept. 4-25	Oct. 10-31	Nov 7-28	Connie Grzebielucha	#8014
Bear Branch	Beginner Lessons	Wednesday, 7:30 p.m.	Sept. 4-25	Oct. 10-31	Nov 7-28	Connie Grzebielucha	#8008
Bear Branch	Beginner Tennis	Thursday, 10:30 a.m.	Sept. 13-Oct. 4	Oct. 11-Nov. 1	Nov. 8-29	Connie Grzebielucha	#8009
Bear Branch	Beginner Tennis	Thursday, 6:30 p.m.	Sept. 13 - Oct. 4	Oct. 11 - Nov. 1	Nov. 8 - 29	Connie Grzebielucha	#8008
Bear Branch	Interm. / Advanced Tennis	Thursday, 7:30 p.m.	Sept. 13-Oct. 4	Oct. 11-Nov. 1	Nov. 8-29	Connie Grzebielucha	#8015
Pepperdale	Beginner 1 Tennis	Tuesday, 11 a.m.	Sept. 3-Oct. 1	Oct. 8-Nov. 5		Jon Park	#8234
Pepperdale	Beginner 1 Tennis	Wednesday, 9:45 a.m.	Sept. 4-Oct. 2	Oct. 9-Nov. 6		Jon Park	
Meadowlake	Beginner 1 Tennis	Tuesday, 11 a.m.	Sept. 3-24	Oct. 8-29	Nov. 12 - Dec. 11	Pattie Jensen	#8030
Meadowlake	Beginner 2 Tennis	Wednesday, 10 a.m.	Sept. 4-25	Oct. 9-30	Nov. 13-Dec. 12	Pattie Jensen	#8034
Meadowlake	Intermediate Drills	Wednesday, 11 a.m.	Sept. 4-25	Oct. 9-30	Nov. 13-Dec. 12	Pattie Jensen	#8037
Meadowlake	Beginner 1 Tennis	Wednesday, 9 a.m.	Sept. 4-25	Oct. 9-30	Nov. 13-Dec. 12	Pattie Jensen	#8031

# ADULT PROGRAMS

## Getting Crafty - NEW!

Explore a variety of interesting and fun crafts. Learn basic crafting techniques while having fun! Ages: 13 and up. FEE: \$35 Resident per class, \$40 Non-resident per class; includes craft fee.

Sept. 4	Scrapbooking Social	5:30 - 7 p.m.	Rec Center	#4130.313
Sept. 11	Card Making for All Occasions	5:30 - 7 p.m.	Rec Center	#4130.323
Sept. 18	Hairbows and Headbands	5:30 - 7 p.m.	Rec Center	#4130.333
Sept. 25	Fabric Painting	5:30 - 7 p.m.	Rec Center	#4130.343
Oct. 2	Easy Jewelry	5:30 - 7 p.m.	Rec Center	#4130.353
Oct. 9	No Sew Crafts	5:30 - 7 p.m.	Rec Center	#4130.363
Oct. 16	Acrylic Painting Basics	5:30 - 7 p.m.	Rec Center	#4130.373
Oct. 23	Decoupage	5:30 - 7 p.m.	Rec Center	#4130.383
Oct. 30	Christmas Décor	5:30 - 7 p.m.	Rec Center	#4130.393

## "Vamos a Hablar" - Let's Talk

These classes concentrate on conversational Spanish in an audio visual format. There is a level for everyone, even those who just want to practice their Spanish. Instructor: Margarita Chavez. Ages: 18 and up. FEE: \$45 Resident monthly, \$50 Non-resident monthly.

Beginner	Monday	5:30 - 6:30 p.m.	Rec Center	#4014
	Tuesday	6 - 7:30 p.m.		
Beginner II	Monday	6:30 - 7:30 p.m.	Rec Center	#4024
	Friday	4:45 - 6 p.m.		
Intermediate	Tuesday & Thursday	7:30 - 9 p.m.	Rec Center	#4034
Advanced	Monday	4:45 - 5:30 p.m.	Rec Center	#4044
	Wednesday	6 - 7:30 p.m.	Rec Center	

## Spanish Club

Spanish Club is for those who are fluent in the Spanish language. We'll review grammar on Mondays, then discuss current events, critique Spanish soap operas and read books. Instructor: Margarita Chavez. Ages: 18 and up. FEE: \$25 Resident monthly, \$30 Non-resident monthly.

Mondays & Wednesdays	7:30 - 9 p.m.	Rec Center	#4004
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## RAD — Rape Aggression Defense

Learn how to be safe, stay safe and to protect yourself. This is a free class, but you must register. Taught by the Montgomery County Sheriff's Office. Ages: 16 and up; 13 - 14 with parent approval.

September 11, 12, 18, 20	7 - 10 p.m.	Montgomery County Sheriff's Office at 1520 Lake Robbins Dr., Suite 900, 77380.	#4301.313
October 7, 8, 15, 25	6 - 9 p.m.		#4301.323
November 2 and 9	10 a.m. - 4 p.m.		#4301.333
December 3 - 4 and 10 - 11	6:30 - 9:30 p.m.		#4301.343

## Country Western Dancing

Learn to glide across the floor to the popular Texas two-step! No more sitting through your favorite song. Instructor: Brenda Seneca. *\*No class on November 26.* Ages: 16 and up. FEE: \$50 Resident, \$55 Non-resident.

Beginner	Tuesday Sept. 10 - Oct. 15	6:30 - 7:30 p.m.	8203 Millennium Forest Dr., Bldg II	#3002.323
Intermediate	Tuesday Oct. 22 - Dec. 3*			#3002.333

## Ballroom Dancing

Participants are introduced to widely used dances in both smooth and Latin styles, like the Foxtrot, Waltz, Cha-cha and Rumba. The class will also teach leading and following. Instructor: Brenda Seneca. *\*No class on November 26.* Ages: 16 and up. FEE: \$50 Resident, \$55 Non-resident.

Beginner	Tuesday Sept. 10 - Oct. 15	7:30 - 8:30 p.m.	8203 Millennium Forest Dr., Bldg II	#3009.313
Intermediate	Tuesday Oct. 22 - Dec. 3*			#3009.323

## Swing/Jitterbug

Join in the fun as you are introduced to the basic step and patterns of East Coast Swing; learn leading and following skills. Instructor: Brenda Seneca. *\*No class on November 26.* Ages: 16 and up. FEE: \$50 Resident, \$45 Non-resident.

Beginner	Tuesday Sept. 10 - Oct. 15	8:30 - 9:30 p.m.	8203 Millennium Forest Dr., Bldg II	#3005.323
Intermediate	Tuesday Oct. 22 - Dec. 3*			#3005.333





# ADULT FITNESS PROGRAMS

## PERSONAL TRAINERS AND PRIVATE LESSONS

For expert one-on-one training, bootcamps, fitness and running programs, please visit [www.thewoodlandtownship-tx.gov](http://www.thewoodlandtownship-tx.gov). To find a program that works for you, click "Parks and Recreation", then click "Programs and Events", then click "Fitness and Running".

## 1,2,3, GO...Run for Fun

1,2,3, GO...is a supportive, multi-phase training program for new runners or those coming off of an injury. All participants will train together following the program that was developed by RRCA certified running coaches, Jill Mitchell and Vicky Gillmor. Runners will train to participate in a five mile, ten mile or half marathon race.

**Phase I:** Build a running base to increase strength and endurance in group runs that slowly and safely increase in intensity and distance. Weekly group runs are an opportunity to network and stay motivated.

**Orientation:** Saturday, August 31, 9 a.m. at the Rec Center.

**FEE:** \$110 Resident, \$120 Non-resident; includes weekly running schedules, handouts, a stretching workshop, participation in a local 5K race, technical running shirt and a discount at a local running store. Phase I ends with GE Thanksgiving Run Through the Woods.

Tuesday, Sept. 3- Nov. 19	9:30 a.m.	#5271.313
Thursday, Sept. 5 - Nov. 21	7 p.m.	#5271.323

**Phase II:** Runners will increase from five to 10 miles. If you did not participate in Phase 1, you must be able to run five miles. Workouts will increase to include track and hill workouts and a long run on the weekends. Increases endurance base from five miles up to ten miles. **FEE:** \$125 Resident, \$135 Non-resident (includes training schedules, handouts, a discount at a local running store and participation in 10 For Texas race).

Saturday, July 20 - October 13	6:30 a.m.	#5271.333
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**Phase III:** Following Phase II, must be able to run a minimum of 10 miles. Runners will build upon training by adding speed workouts to increase distance and ability to allow the successful completion of a half marathon. Once selecting and registering for the half marathon of choice, runners will be provided a 12 week training schedule that will help prepare them to successfully cross the finish line. **FEE:** \$125 Resident, \$135 Non-resident.

Dates dependent upon participant's choice of race	#5271.343
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## 1,2,3...GO Run HILLS for Fun

Hills?! Yes, HILLS! Running hills can increase running speed and power. It can help give you an edge over other runners, whether it's speed, comfort or just knowing that you can cross the finish line with a smile... it makes you stronger and can be fun! **FEE:** \$45 Resident monthly, \$55 Non-resident monthly.

Thursday - September	8:30 - 9:30 a.m.	Terramont Park	#5272.313
Thursday - October	8:30 - 9:30 a.m.	Terramont Park	#5272.323
Thursday - November	8:30 - 9:30 a.m.	Terramont Park	#5272.333
Thursday - December	8:30 - 9:30 a.m.	Terramont Park	#5272.343

## Visit the Fitness Room at the Recreation Center!

It is complete with cardiovascular machines, free weights and resistance machines! **FEE:** \$6 Resident - daily rate, \$60 Resident - six month membership, \$120 Resident - 12 month membership, \$80 Resident senior adults (55 and up) - 12 month membership.



## Surfset® Fitness - NEW!

As seen on *Shark Tank*! Experience the fitness program inspired by surfing. Surfset® combines elements of aerobic fat burning and lean muscle building with balance and core training in one 45 minute workout on a custom made unstable surfboard. Ages: 18 and up. **FEE:** \$120 month.

Tuesday	7 - 7:45 p.m.	Rec Center	#5060
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## Tai Chi Martial Arts (TCMA)

Sifu David Neighbors has studied tai chi for more than 20 years and martial arts for over 30 years. He is a member of the American Tai Chi Qigong Association and the Tai Chi for Health Community. He is also a certified Tai Chi for Diabetes instructor. For more information, please visit [www.thewoodlandstaichi.com](http://www.thewoodlandstaichi.com).



## Ti Chi / Kung Fu Weapons Training

Traditional Chinese weapons training: staff, spear, kwon dao, swords and knives. Must be an active student in either the tai chi or kung fu class.

Ages: 16 and up. FEE: **1x wk:** \$30 Resident, \$35 Non-resident;

**2x wk:** \$50 Resident, \$60 Non-resident.

Monday	8 - 8:30 p.m.	Rec Center	#5094
Saturday	10 - 10:30 a.m.	Rec Center	#5094

## Tai Chi

With tens of millions of participants, tai chi is the largest sport in the world. Anyone can do tai chi regardless of age or physical condition; no special equipment is required. Students are introduced to all aspects of tai chi: forms, philosophy and self-defense. Ages: 16 and up. FEE: **1x wk:** \$60 Resident monthly, \$70 Non-resident monthly; **2x wk:** \$100 Resident monthly, \$110 Non-resident monthly.

Monday	7 - 8 p.m.	Rec Center	#5090
Saturday	9-10 a.m.	Rec Center	#5090

# OUTDOOR EDUCATION PROGRAMS

## Three Hour Fly Casting Clinics

Learn basic casting fundamentals and provide a groundwork for understanding fly rods and reels, basic fly types and other components of fly fishing.

You'll need comfortable clothing, sunglasses and sunscreen. All equipment provided. Ages: **Individuals:** 14 and older. **Families:** 11 and older.

**FEE:** **Individuals:** \$45 Resident, \$50 Non-resident; **Families:** \$60 Per parent-child pair Resident, \$70 per parent-child pair Non-resident.

### Individual Clinic

Sunday, Sept. 22	9 a.m. - noon	Alden Bridge Park	#4562.313
Sunday, Oct. 20	9 a.m. - noon	Alden Bridge Park	#4562.323

### Family Clinic

Sunday, Sept. 22	1 - 4 p.m.	Alden Bridge Park	#4563.313
Sunday, Oct. 20	1 - 4 p.m.	Alden Bridge Park	#4563.323



## Northern Fist Marital Arts

Kung fu has been used for centuries as a means of promoting a strong mind and general health. Students will be instructed in traditional Chinese forms, applications and two-man sets. Monthly topics include strikes, kicks, take-downs and joint locks. Ages: 16 and up. Fee : \$75 Resident, \$85 Non-resident.

Saturday	10:45 a.m. - 12:15 p.m.	Rec Center	#5091
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## Wilderness First Aid

This 16-hour course is perfect for those involved in activities that take them beyond the boundaries of traditional urban emergency medical services, like hikers and backpackers. This course meets the requirements for training in back country emergency response and is approved by the American Camping Association and Boy Scouts and Girl Scouts of America. Two-year certification issued upon successful completion. **No experience required.** Ages: 14 and older. **FEE:** \$140 Resident, \$150 Non-resident.

Saturday, December 7 and Sunday, December 8	8 a.m. - 5 p.m.	The Lodge at Rob Fleming Park	#4578.313
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## Wilderness Survival

Participants will learn about the survival mind set, conventional and alternative fire methods, signaling, water collection, basic snare construction, protection from the elements and more in this learn-by-doing class. Wear comfortable seasonable clothing, sunglasses and sunscreen, and be prepared to have some fun! All equipment will be provided. **No experience required.** Ages: 14 and older; 11 and older if participating with a parent. **FEE:** \$55 Resident, \$60 Non-resident.

Sunday, November 10	1 - 5 p.m.	Jones State Forest	#4577.313
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### PROGRAM AND EVENT UPDATES

Updates to programs and events will be posted to [www.thewoodlandtownship-tx.gov/programupdates](http://www.thewoodlandtownship-tx.gov/programupdates).





## ENVIRONMENTAL SERVICES PROGRAMS

### Vegetable Gardening Class

Prepare gardens now for cool season crops with a free seminar, "Growing a Spectacular Fall Vegetable Garden" featuring Tom LeRoy, gardening author and retired Agrilife Extension agent. Reservation required for this popular program. To reserve a seat, visit [www.thewoodlandtownship-tx.gov/gardeningevents](http://www.thewoodlandtownship-tx.gov/gardeningevents) or call Environmental Services at 281-210-3800.

Saturday, August 24	9 a.m. - noon	2801 Technology Forest Blvd.
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### Walk in the Woods Nature Lecture Series

Explore nature at your backdoor! Speakers reveal the rich eco-system of East Texas with a close up view of extraordinary native plants and wildlife. Visit [www.thewoodlandtownship-tx.gov/environmentalservices](http://www.thewoodlandtownship-tx.gov/environmentalservices) for a schedule of topics and speakers.

### Woodlands Landscaping Solutions

Discover waterwise gardening at this how-to event. Booths and demonstrations spotlight water-saving methods, habitat gardening, easy care techniques and more! Native plants, herbs, heirloom bulbs, compost bins and organic products will be for sale. **FEE:** Free!

Saturday, September 28	9 a.m. - noon	8203 Millennium Forest Dr.
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### Gardening 102

Going beyond the basics, experts share their wit and wisdom, providing a guide for creating a beautiful water-wise landscape. **FEE:** Free! **Reservations are required, registration opens on September 15, 2013 at** [www.thewoodlandtownship-tx.gov/gardeningevents](http://www.thewoodlandtownship-tx.gov/gardeningevents).

Saturday, October 26	9 a.m. - noon	2801 Technology Forest Blvd.
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### Compost Classes

Learn from Montgomery County Master Gardeners the easy, cost effective way to enrich your yard and garden with compost made in your own backyard. **FEE:** Free!

Saturday, October 5	10 - 11 a.m.	8203 Millennium Forest Dr., Outdoor classroom
Saturday, November 2		
Saturday, December 7		

### OCTOBER is International Walk to School Month!

Plan to join the fun by walkin' and rollin' to school with your family, friends and neighbors! For more information, please call 281-210-3800 or visit [www.walktoschool.org](http://www.walktoschool.org).

#### Hike it! Bike it! We like it!

Friday, October 4	Powell
Tuesday, October 8	Galatas
Thursday, October 10	Ride and Glen Loch
Friday, October 11	Bush and Buckalew
Thursday, October 17	Hailey
Friday, October 18	Lamar
Wednesday, October 23	Deretchin
Thursday, October 24	Tough
Friday, October 25	Creekside Forest
Tuesday, October 15	Timber Creek

### 3R Bazaar

Reduce, reuse, recycle and rebuy at our America Recycles Day event! Save caps and corks now to support your village! Family activities and fall debut of the Buy Recycled Boutique, a green marketplace. **FEE:** Free!

Saturday, November 9	9 a.m. - 1 p.m.	8203 Millennium Forest Dr.
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#### ENVIRONMENTAL SERVICES PROGRAMS

To make reservations, or for information about a program or event, please call 281-210-3800 or visit [www.thewoodlandtownship-tx.gov/gardeningevents](http://www.thewoodlandtownship-tx.gov/gardeningevents).



## Park Highlight - Bear Branch Sportsfields and Alden Bridge Sports Park

Bear Branch Sportfields One, Three, Four and Six and Alden Bridge Sports Park Multipurpose Fields One and Two have been renovated with all weather turf, a synthetic surface manufactured to resemble natural grass.

The materials used are UV (ultraviolet)-resistant, highly durable and can be used in all weather conditions. Rain water drains through the crumb rubber and sand infill and through the perforated drainage holes in the turf. The water then exits the field through an underground drainage system. While all-weather turf fields are not maintenance free, they do not require other costs such as water, irrigation repair and field renovation. The implementation of all-weather turf aids significantly in water conservation, will reduce maintenance costs, eliminates the need for fertilization, and may last for up to 20 years.



DANA LYONS  
**FINISHSTRONG**  
COACHING

E-mail: [dana@coachlyons.com](mailto:dana@coachlyons.com) • Web site: [www.coachlyons.com](http://www.coachlyons.com)

## Sponsor Highlight: Finish Strong Coaching

Since its inception in 2002, Finish Strong Coaching has been helping endurance athletes of all abilities train smart and achieve their goals. Founder Dana Lyons and his staff of expert coaches offer premier coaching services for triathletes, duathletes and runners. Finish Strong Coaching provides individualized coaching designed just for you to fit your busy schedule.

Finish Strong Coaching is an official coach of The Woodlands Township races and offers many economical group training programs for all The Woodlands races: Muddy Trails, CB&I TRI, 10 For Texas, Ironman Texas, The Woodlands marathon and half marathon, and Oilman Texas Triathlon (half Iron distance). Run with us at our weekly Tuesday night track workout sessions or check out our weekly tri-specific swim sessions.

Do you need a proper bike fit? Finish Strong Coaching offers custom F.I.S.T. bike fits for triathletes. Finish Strong Coaching also caters to youth with a popular summer-long run program for rising 5<sup>th</sup> - 8<sup>th</sup> graders and week-long youth summer tri-camps for 8 - 12 year olds in June.

## NEIGHBORHOOD SERVICES PROGRAMS



## NATIONAL NIGHT OUT

*Give neighborhood crime and drugs a going-away party!*

Tuesday, October 1, 2013 • 5:30 to 8 p.m.

## Public Safety Expo at Northshore Park

Saturday, September 21, 2013 Noon to 3 p.m.

## Neighborhood Parties

Tuesday, October 1, 2013, 5:30 to 8 p.m.



Saturday, October 12, 2013 • 10-mile race • Kids' Fun Run



Achieve your goals and sign up today! Great swag, smooth course, ample volunteers, multiple packet pickups. And don't forget the Texas-sized post-race party featuring a live band in Market Street's Central Park. Don't miss out!

10 for Texas Road Race sold out in 2012!

**Kids' Fun Run start:** 7 a.m.

**10-mile race start:** 7:30 a.m.

**Post-race party kick-off:** 8:30 a.m.



Register online: [www.thewoodlandstownship-tx.gov/races](http://www.thewoodlandstownship-tx.gov/races).

Races are capped. Race day registration will not be available if race sells out prior to race day.

10 for Texas Race entry fee includes: tech shirt, finisher medal, hat, race packet, post-race party food and beverage.

One 4 Texas Race entry fee includes: T-shirt, finisher's medal, post-race party food and beverage.

For more information about this event, call 281-210-3800 or e-mail

[races@thewoodlandstownship-tx.gov](mailto:races@thewoodlandstownship-tx.gov).



Saturday, September 14, 2013 2 - 6 p.m. at Rob Fleming Park

Enjoy a day filled with performances ranging from vocal to dramatic. Browse the on-site art fair by local artists displaying fine artworks and original hand crafted items available for purchase. The wide variety of items for sale will include jewelry, pottery, coasters, clothing, hair pieces and woodwork. Be sure to visit the KidZone, designed just for kids and including fun activities for all ages! Ages: All. FEE: Free!

*Interested in being an art vendor or performer? For vendor information, please visit [www.thewoodlandstownship-tx.gov/artsinthepark](http://www.thewoodlandstownship-tx.gov/artsinthepark)*

VOLUNTEER!

IT'S EASY to be a part of your community's events! Visit [www.thewoodlandstownship-tx.gov](http://www.thewoodlandstownship-tx.gov) and click **Departments, Parks and Recreation** then **Volunteer Opportunities** for more information or to sign up.

**NOTE:** Below is the wording for the waiver that all participants sign when enrolling for programs at The Woodlands Township Recreation Center.

#### TOWNSHIP PROGRAM / EVENT WAIVER AND RELEASE

In consideration of being allowed to participate in any way in any program, activity or event, (referred to herein as the "Program") sponsored by, performed by, or in any way involving The Woodlands Township, I, as Participant, or if Participant is a minor, as parent or guardian of the minor Participant (herein referred to as "I") and intending to be legally bound do hereby acknowledge and agree to the following:

- I hereby waive, discharge, and release any and all rights and claims for damages whether based upon negligence or any other theory of law, which I, or my child, heirs, agents, representatives, or assigns may have against The Woodlands Township, and its affiliates, agents, representatives, assigns, or successors including, without limitation: any officers, directors, shareholders, agents and/or employees of or associated with The Woodlands Township, the municipalities or counties in or through which the programs or events take place or are conducted, as well as any other person, entity or sponsor connected with the Program and any of their affiliates, agents, representatives, assigns, successors, officers, directors, shareholders, and employees, for any and all injuries or damages which I, or my child, may suffer while taking part in the Program.
- I hereby assume any and all of the foregoing risks resulting from my, or my child's, participation in the Program and accept all personal responsibility for any resulting damage including, but not limited to, injury, permanent disability or death.
- I hereby verify that I, or my child, am/is in good physical health and able to participate in and/or complete the Program.
- I hereby agree to indemnify and hold The Woodlands Township harmless from and against all liabilities for any injury which may be suffered by the Participant arising out of or in any way connected with his/her participating in the Program.
- I have read and fully understood this Waiver and Release. I further understand that by participating in the Program, I/we will have waived substantial rights.
- I have knowingly and voluntarily agreed to this Waiver and Release.

#### FOR PARENTS OF PARTICIPANTS UNDER THE AGE OF 18

I affirm and acknowledge that I, as parent/guardian with legal responsibility for the Participant, do consent and agree to his/her release as provided by the Waiver and Release herein.

#### MEDIA/PHOTO WAIVER

I hereby authorize and give my full consent to The Woodlands Township and their agents and assigns to take, copyright and/or publish any and all photographs, videotapes and/or film (the "Media") in which I, or my child, may appear while participating in the Program. I further authorize that The Woodlands Township to transfer, use or cause to be used, the Media in any exhibitions, public displays, publications, commercials, art and advertising purposes, without limitations or reservations.



Enjoy spooky games and yummy treats at the Spooky Spectacular Family Carnival. Don't forget your costume for the contest!

**Dates:** Thursday, October 31, 2013 **Time:** 5 - 9 p.m.

**Location:** The Woodlands Township Recreation Center, 5310 Research Forest Drive

**Cost:** \$5 child, children under six months admitted free

The Carnival will have games, candy and other activities. Bring a camera! For information, contact The Woodlands Township Recreation Center at 281-210-3950 or visit [www.thewoodlandstownship-tx.gov](http://www.thewoodlandstownship-tx.gov).

The Haunting at Bear Branch Park presents  
**MANGLED MANOR**

Fridays, Oct. 18 and 25, 2013 and  
 Saturdays, Oct. 19 and 26, 2013

**NEW DATE FOR 2013:** Thursday, Oct. 31, 2013

Haunted Trail Hours: 8 to 10 p.m.

*No tickets sold after 9:30 p.m.*

**Admission \$8**

Save \$1 on haunted trail admission with your gift of a canned food item (maximum \$3). **Discount does not apply to the family carnival.** For information, contact The Woodlands Township Recreation Center, 5310 Research Forest Drive, at 281-210-3950. Recommended for children ages nine and older. Parental discretion is advised.

The Haunting at Bear Branch Park is a program of The Woodlands Township.



The Woodlands Township Parks and Recreation Department needs volunteers! Volunteers help with all aspects of events and programs, including Breakfast with Santa, 10 For Texas, Bear Branch Park Haunted Trail and The Family Carnival. **Interested?** Visit [www.thewoodlandstownship-tx.gov/volunteer](http://www.thewoodlandstownship-tx.gov/volunteer) for more information!

For more information on The Woodlands Township Recreation Center, visit:

**[www.thewoodlandstownship-tx.gov](http://www.thewoodlandstownship-tx.gov)**

The Woodlands Township Recreation Center: 281-210-3950

